

Sports Physiotherapy

Bruce Anderson
Richard Brock
Olivia Clarke
Eoin Doyle
Roisin Duffy
Christine Fletcher
Antonia Melo
Amanda Turner



NORTHERN SPORTS
PHYSIOTHERAPY CLINIC

Massage Therapy

Hanae Fujii
Cecilio Meneses
Simone Munro

Exercise Physiology

Eoin Doyle

PILATES TIMETABLE

MONDAY

Antonia	6:30AM
	7:30AM
	8:30AM
	9:30AM

Roisin	1:30PM
	2:30PM
	5:30PM
	6:30PM

TUESDAY

Eoin	7:30AM
Olivia	10:30AM
Amanda	12:30PM
Richard	1:30PM
	2:30PM
Christine	5:30PM
	6:30PM

WEDNESDAY

Christine	6:30AM
	7:30AM
	8:30AM
	9:30AM
	10:30AM
Roisin	11:30AM
Richard	1:30PM
Olivia	5:30PM
	6:30PM
	7:30PM

THURSDAY

Antonia	6:30AM
	7:30AM
Roisin	8:30AM
	9:30AM

Olivia	10:30AM
	11:30AM

Antonia	1:30PM
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Amanda	2:30PM
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Richard	5:30PM
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	6:30PM
	7:30PM

FRIDAY

Antonia	6:30AM
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	7:30AM
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	8:30AM
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Richard	11:30AM
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SATURDAY

Richard	8:00AM
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	9:00AM
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	10:00AM
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PLEASE NOTE

1 Hour Assessment is required before joining a group class.

Assessment Individual – 1 hour

Item Code: 500

Cost: \$164

Physio Led Group Class – 1 hour

Item Code: 560

Cost: \$53

If you would like to book in a Pilates Class with us, give us a call on 9901 4000